



## Professional Education Series 6004/2005

*Information contained in this bulletin is for informational and educational purposes only and is not intended as a substitute for advice from your physician. This information should not be used for diagnosis or treatment of any health problem. You should consult with a health care professional for treatment of any health issue.*

### **Kidney Enhancer™ A Revitalizing Formula**

By age 40, it is estimated that the average adult has cumulatively lost approximately 40% of their kidney function.

Dr. Larry J. Milam, HMD, PhD

To most of us familiar with Western Medicine, this means the significant loss of our ability to “filter” toxins from the body. But in Chinese Medicine, the prospect of such a dramatic reduction of kidney function takes on much more significance.

In Traditional Chinese Medicine, the kidney is the seat of procreation. It is the **vitality** center of the body. It is the clarity of our thinking, our ability to regenerate our body. It is a gift from our parents, the Western equivalent of DNA.

The kidney system supports the body’s **reproductive organs** (ovaries, uterus, testicles, prostate), the **reproductive material** (sperm and ovum), and **reproductive activity** (sexual impulse, ovulation, ejaculation, fertilization, gestation). *As such, the kidney is defined as essential to the body’s youthful vitality.*

The development and regulation of the brain, spinal cord, bones, teeth, blood and hair are all engendered by the kidney.

The kidney regulates the balance and circulation of the liquid substances in the body, including tears, saliva, mucus, urine, sweat, cerebrospinal fluid, synovial fluid, plasma and semen.

***Traditional Chinese Medicine teaches that a weak or damaged kidney/bladder system can produce:***

- Disorders of growth and development, including problems of fertility, conception and pregnancy
- Disorders of the central nervous system (multiple sclerosis, muscular dystrophy, cerebral palsy)
- Diseases of spinal column, bones, teeth and joints
- Disorders of fluid metabolism
- Soreness and pain of lumbosacral region
- Loose teeth & weakness of hearing and vision  
Sharp hearing and strong teeth indicate strong kidneys
- Thinning or loss of head hair or premature grey  
Beautiful, lustrous hair is the sign of healthy kidneys
- Weakness and pain of ankles, knees, hips
- Impotence, infertility, habitual miscarriage, genetic impairments
- Loss of vitality (including chronic fatigue) and susceptibility to cold, inadequate sleep and premature aging

Kidney Enhancer™ is a Traditional Chinese Herbal formula used for thousands of years to improve sexual/kidney energy and promote longevity.

It delivers maximum benefits of Horny Goat Weed, Dong Quai, He Sho Wu, Panax ginseng, Chinese Knotweed, and Schisandra. Horny Goat Weed is a kidney-yang tonic which helps low “sex drive.” It dilates capillaries and larger blood vessels and balances blood pressure. Dong Quai and He Sho Wu are blood tonics that nurture the liver and kidneys. It also darkens your hair, moistens the body and skin, which reduces wrinkles. Knotweed thins the blood while Ginseng and Schisandra promote Qi circulation and immunity. (272) 2 Fl. Oz. (60 Servings)

Traditional Chinese herbal therapeutic formulas in the form of delicious teas that provide concentrated healing power to restore vitality and promote longevity.

### **Kidney Chi**

This nourishing formula promotes vitality and longevity for men and women and should be used when the overall vitality is low. It reduces signs of aging and helps balance blood pressure. Kidney Enhancer is a kidney tonic and anti-aging formula. This formula has been used for thousands of years to heal and nurture the kidneys.

Ingredients: Dong Quai, He Sho Wu, Horny Goat Weed, Ginseng, Chinese Knotweed, Schisandra.

Drink Kidney Enhancer tea when you feel that your vitality is low or weak. It helps with chronic fatigue and helps improve the overall kidney energy. Dong Quai and He Sho Wu are blood tonics that nurture the liver and kidneys. These herbs darken your hair and moisten the body and skin. They reduce wrinkles. Don Quai is also used as a liver remedy, circulatory stimulant, and blood fortifier. He Sho Wu promotes longevity. It is good for high blood pressure and hardening of the arteries and veins. Knotweed thins the blood while Ginseng and Schisandra promote circulation of vital energy throughout the body and help balance the fluids. It beautifies the skin and strengthens the liver. These herbs also enhance immunity.

## **INGREDIENT LISTING**

### **Dong Quai (*Angelica sinensis*)**

Organ Affinity: Liver & Spleen

Effects: Tonic to blood; emmenagogue; promotes circulation; analgesic, sedative, laxative.

Indication: Menstrual disorders; dysmenorrhoea, menorrhagia, amenorrhoea, blood deficiency: painful scarring in traumatic injuries, postnatal abdominal pain; rheumatic pains.

Remarks: Best herb for menstrual disorders. Strengthens female reproductive organs and regulate hormonal levels. Also, used as a liver remedy, circulatory stimulant and blood fortifier. Also, eases the effects of menopause.

### **Horny Goat Weed (*Epimedium Sagittatum*)**

Organ Affinity: Liver & Kidneys

Effects: Tonic to Kidney - Yang; climates wind-damp ailments (rheumatic) aphrodisiac Indications: Kidney-Yang deficiency impotence, speratorrhea, premature ejaculation, lumbago, cold hands and feet, fears of cold, rheumatic discomforts of "wind-damp" excess, spasms; numbness.

Remarks: Dilates the capillaries and large blood vessels, lowers blood pressure.

### **He Sho Wu (*Polygoni multiflori*)**

Organ Affinity: Liver & Kidneys

Effects: Tonic to liver and kidney; nourishes blood and semen, demulcent laxative; antidote.

Indication: Blood deficiency: sallow complexion: dizziness, insomnia, premature graying of hair, kidney deficiency, lumbago, weak bone, sinew and cartilage, swelling of lymph glands abscessed and ulcers.

Remarks: Sexual tonic and energy builder, reduces signs of aging. Improves quality of blood, hair and teeth. Promotes longevity. Good for high blood pressure and hardening of the arteries and veins.

### **Panax Ginseng**

Organ Affinity: Spleen, Lungs

Effects: Boost energy, immunity and sexuality; strengthens male reproductive organs, adrenal glands; improves the body's ability to handle stress.

Indications: Energy deficiency, weak pulse; asthma due to "empty" lungs, diabetics, heart palpitations, lack of appetite.

Remarks: Regulates blood pressure and blood sugar, promotes secretions of sexual hormones in men and women and promotes blood production.

### **Chinese Knotweed (*Polygonum cuspidatum*)**

Organ Affinity: Kidney

Traditional use in Chinese Medicine: Tonic to kidneys deficiency: lumbago, weak bone, constipation due to dry intestine, swelling of lymph glands, abscesses and ulcers, analgesic. Expels "damp-wind", moist, eases blood flow (Menstrual disorders), candida, sore throat, cough, and clear phlegm.

Remarks: Anti-inflammatory (arthritis), anti-bronchitis, fever due to lung infection, anti-microbial, and anti-viral.

Recent scientific findings: Polydatin thins blood, inhibits effect of platelet aggregation reducing effect on arterial thrombosis, prevents endotoxin-induced acute lung injury, enhances antioxidation, and protects multiple organ failure. Anthraquinones (emodin, danthron, physcion and rhein) are active anti-inflammatory compounds against arthritis and anti-microbial activity.

### **Schisandra (*Schisandra chinensis*)**

Organ Affinity: Lungs, Kidney, Liver, Heart, Spleen

Effects: Astringent; tonic to kidneys; demulcent; anti-diarrhoeic; anti-tussive.

Indications: Chronic coughs; asthma; thrush; profuse perspiration due to "empty" ailments; spermatorrhoea; nocturnal emissions; profuse and frequent urination; chronic diarrhea.

Remarks: It is both astringent and emulcent. Excellent fluid balancer. Beautifies the skin. Strengthens liver function and immune system.

### **Reference available upon request**